



# WELCOME TO OUTWARD BOUND!

We can't wait to have you out in our backyard for your Outward Bound program! Accompanying a group as a teacher allows a unique and immersive opportunity to build rapport and get to know your students in a whole new environment. Here's what you can expect on program.



## Get to know your students better

Hiking, camping and adventuring allows you to interact with students in a totally different way than at school. You may notice some students shine in the outdoors who may be shy or quiet at school. You'll form **stand out** teacher-student memories.



## Represent your School values

The Outward Bound Group Leaders don't know the specific rules or values of your school, so they will expect you to uphold any cultural, behavioural, discipline, religious or other school rules.



## Supervision

Part of your role is to help the Outward Bound Group Leader with safety instructions, hygiene and group management. As a school-sanctioned program, your duty of care responsibilities as a teacher extend beyond the classroom to the Outward Bound experience.



## Positive Role modelling

As the teacher on program, you are expected to be a positive role model for your students. It is important that you display appropriate behaviour and assist with any discipline and pastoral care. You will also find yourself as the main morale and emotional support for the students.

*Be ready to have fun*



## When on program, you'll be asked to:

- Take students' medications and administer them as per their support plan.
- Take the lead on student behaviour especially checking in and managing students with higher needs.
- Know and understand your school's incident and reporting record keeping obligations.
- Be familiar with what the purpose of the program is and be ready to engage and help the group achieve those outcomes.

## What the Outward Bound Group Leader will do

- Take the lead on all technical activities and be responsible for managing the program risks. They are experts in leading groups through the bush, and hold the required level of qualifications for each activity and the program as whole.
- Show you the ropes (sometimes literally) on what hazards to look for during the program and how to safely supervise the group in the bush.
- Be the first point of call for all incidents or medical situations. They may ask for your assistance if required.
- Monitor the weather, logistics and program details through communications with the Outward Bound program coordinator.
- Complete dynamic risk assessments for each location and route, including hazardous tree assessments, to ensure your and the students' safety.

## Child Safety and Appropriate Behaviour

Regardless of if you are in a classroom or on the summit of a mountain, child safety and protection laws must always be followed. Teachers must behave in a manner appropriate for the age group of the students. Be aware of your language, jokes and mannerism when on program. Unacceptable behaviour, for example, includes sitting alone out of sight with a student, entering student tents alone, inappropriate touching and rough tackle/games.

*Be ready to make memories*



## HELPFUL HINTS

- Please feel free to bring your phone and battery pack on program. Students aren't allowed technology so please use your phone out of sight of the group. Reception in the bush can be patchy, so let your Group Leader know if an urgent message needs to be sent via the satellite device.
- Come with some jokes, riddles and card games up your sleeves to play with the group around the campfire.
- Keep clear and honest communication between yourself and the Group Leader. If you need time away from the group, or anything to help you feel more comfortable, please ask!
- Check your gear before you go, and remember if you need some additional creature comforts while on program, please feel free to sneak them in out of sight of the students. We want to support you in having an enjoyable experience, as much as the students will!

