

## Summary navigation sheet for Roseville to Thornleigh



km	From	Up/Dwn	Length	Initial directions (Use full tracknotes and maps for more detail)
Start	Roseville Train Station -33.7845,151.1778 (GR Parramatta River, 313602)	15 -24	410 m 9 mins	From the small shop on the bridge over Roseville Station, this walk heads towards the garden shop and the Pacific Highway, keeping the main station to your right.
0.41	Int. Shirley Rd and The Rifleway -33.786,151.1742 (GR Parramatta River, 310601)	3 -46	970 m 19 mins	Veer left: From the intersection, this walk crosses Shirley Rd then follows the footpath downhill for about 150m to then cross 'Alston Way'.
1.38	Longford St steps -33.7883,151.1656 (GR Parramatta River, 302598)	0 -20	80 m 3 mins	Turn left: From Longford St, this walk follows the 'Valley View CI' sign down the steps beside No.31.
1.46	Valley View Close -33.7886,151.1647 (GR Parramatta River, 301598)	3 -27	590 m 11 mins	Continue straight: From the intersection, this walk follows the steps (with a handrail) down between houses No.12 and 14.
2.05	End of Fullers Park -33.792,151.1619 (GR Parramatta River, 298594)	6 -11	470 m 9 mins	Continue straight: From the clearing, this walk follows the grassy trail under the sewerage bridge and continues for about 300m to come to a larger clearing and picnic shelter in Fullers Park.
2.52	Int. Lady Game Dr and Delhi Rd -33.7925,151.1577 (GR Parramatta River, 294593)	1 -3	130 m 1 mins	Optional sidetrip to Riverside Cafe. Turn right: From the corner, this walk crosses Lady Game Drive at the traffic lights, heading towards Fullers Bridge.
18.78	Riverside Cafe -33.7929,151.1569 (GR Parramatta River, 294593)	6 -7	230 m 4 mins	Turn left: From in front of 'Riverside Cafe Bar AND Grill', this walk follows the GNW arrow post and footpath under Fullers Bridge to an intersection with a set of steps just on the other side.
19.01	Koonjeree Middle Trk -33.792,151.1564 (GR Parramatta River, 293594)	1 -1	100 m 2 mins	Turn left: From the intersection, this walk follows the GNW arrow post along the concrete footpath, keeping the river just to your right.
23.60	Lane Cove Weir South -33.7915,151.1557 (GR Parramatta River, 293594)	0 0	50 m 1 mins	Continue straight: From the intersection, this walk follows the GNW arrow post across the top of the weir to another GNW arrow post at the top of the steps (on your right), just on the other side of the weir.
23.65	Lane Cove Weir North -33.7911,151.1555 (GR Parramatta River, 292595)	59 -31	1.1 km 25 mins	Continue straight: From the weir, this walk follows the footpath straight up the hill for approximately 20m to the large concrete area of the intersection.
24.77	Int. Great North Walk and Thistlethwaytes Picnic Area Trk -33.7886,151.1492 (GR Parramatta River, 286597)	23 -44	800 m 16 mins	Turn right: From the intersection, this walk follows the upper arrow on the historic walk sign post, gently uphill along the wide trail.
25.57	Fiddens Wharf Oval Trk -33.7845,151.145 (GR Parramatta River, 283602)	62 -49	1.6 km 32 mins	Continue straight: From the intersection, this walk follows the 'Blue Hole' sign across the flat timber boardwalk bridge, keeping the river to your left.
27.12	Sandstone caves -33.7763,151.1405 (GR Parramatta River, 278611)	34 -24	340 m 10 mins	Continue straight: From the cave, this walk follows the track along the side of the hill, keeping the valley down to your left.
27.46	Int. Great North Walk and Blaxland Rd Service Trail -33.774,151.1388 (GR Parramatta River, 277613)	3 -20	440 m 8 mins	Veer left: From the intersection, the walk follows the 'Great North Walk - Deburghs Bridge' sign downhill along the wide management trail.

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27.90	Int GNW and Ryde Rd Access Trk NE -33.7755,151.136 (GR Parramatta River, 274612)	54 -44	1.4 km 29 mins	Continue straight: From the intersection, this walk follows the 'Thornleigh via Great North Walk' sign down a couple of steps and along the track towards Deburghs Bridge, keeping the valley to your left.
29.31	Int of GNW and Gloucester Ave fire trail (east) -33.7715,151.1261 (GR Parramatta River, 265616)	0 -1	30 m 1 mins	Turn left: From the intersection, the walk follows the GNW arrow post gently uphill along the management trail, away from the gate whilst keeping the power line poles on your left.
29.34	Int of GNW and Gloucester Ave service trail (sth) -33.7718,151.1259 (GR Parramatta River, 265616)	22 -11	690 m 15 mins	Turn left: From the intersection, this walk follows the GNW arrow post south, downhill along the track and under the high tension power lines.
30.04	Int of the GNW and mid Gloucester Ave fire trail access track -33.7683,151.122 (GR Parramatta River, 261620)	29 -36	620 m 14 mins	Turn left : From the intersection, this walk follows the GNW arrow post up the short rocky hill and away from the high tension power lines.
30.65	Int of the GNW and the West Pymble service trail link track -33.7638,151.1199 (GR Parramatta River, 259624)	5 -7	210 m 4 mins	Continue straight: From the intersection, this walk follows the GNW arrow post downhill along the management trail.
30.86	Int of the GNW and the Avondale creek service trail -33.7622,151.1189 (GR Parramatta River, 258626)	7 -9	180 m 4 mins	Turn left : From the intersection, this walk follows the GNW arrow post, directly away from the face of the 'Lane Cove Valley' aluminum sign and map, down the track and timber steps to a sandy beach on the Lane Cove...
31.04	Int of GNW and the Turrumurra High School bushtrack -33.7616,151.1176 (GR Parramatta River, 257627)	39 -3	310 m 9 mins	Veer left: From the intersection, this walk follows the GNW arrow post along the track, keeping the Lane Cove River a short distance to your left.
31.35	Int of the GNW and the Turrumurra High School service trail -33.7602,151.115 (GR Parramatta River, 254628)	25 -52	1.1 km 23 mins	Veer left: From the intersection, this walk follows the GNW arrow post gently downhill along the management trail for about 40m to come to an intersection with a short trail (on the right, which leads to the gate at...
32.49	Browns Waterhole int -33.7607,151.1055 (GR Parramatta River, 245628)	24 -14	570 m 12 mins	Veer right: From the intersection, this walk follows the 'The Great North Walk' sign along the dirt management trail, keeping the Lane Cove River to your left.
33.06	Int of GNW and the STEP track (east) -33.7564,151.1041 (GR Parramatta River, 244632)	8 -9	580 m 10 mins	Continue straight: From the intersection, this walk follows the GNW arrow post and STEP Track markers along the management trail, whilst keeping the river to your left.
33.64	Int of GNW and the STEP track (west) -33.7534,151.1004 (GR Parramatta River, 241636)	25 -8	1 km 18 mins	Veer left: From the intersection, the walk follows the 'The Great North Walk' sign gently downhill along the management trail, directly away from the face of the 'STEP Track' map/sign.
34.67	Int of GNW and the Pennant Hills Park track -33.7481,151.0942 (GR Hornsby, 235641)	29 -15	1.2 km 21 mins	Continue straight: From the intersection, the walk follows the management trail, keeping the river just to your right.
35.84	Int of the GNW and the Morona Ave trail -33.7395,151.0917 (GR Hornsby, 232651)	24 -8	330 m 8 mins	Veer left: From the intersection, this walk follows the GNW arrow post along the valley floor, away from the two trails, keeping the river just to your left.
36.17	Conscript Pass -33.7378,151.0896 (GR Hornsby, 230653)	19 0	100 m 3 mins	Continue straight: From 'Conscript Pass', this walk heads up the stone steps through the cleft in the rock to follow the track and more stone steps uphill for about 100m, coming to a T-intersection with Lorna Pass t...
36.27	Int of the GNW and Lorna Pass tracks -33.7382,151.0885 (GR Hornsby, 229652)	47 0	430 m 11 mins	Veer left: From the intersection, the walk follows the 'Thornleigh' sign uphill along the rocky track, keeping the valley to your left.
36.70	Back of Thornleigh Oval -33.7365,151.0869 (GR Hornsby, 228654)	3 0	160 m 3 mins	Turn right: From the intersection, this walk follows the GNW arrow post along the fence line around the oval, keeping the oval to your left.
36.85	Int of Handley and Ferguson Avenues -33.7354,151.086 (GR Hornsby, 227655)	19 -5	920 m 16 mins	Continue straight: From the intersection, this walk follows the 'Thornleigh Station' sign across the road to follow the footpath beside 'Handley Ave'.

## Summary navigation sheet for the Thornleigh to Cowan



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Start	Thornleigh Train Station -33.7319,151.0781 (GR Hornsby, 220659)	7 -47	990 m 18 mins	From the western (north bound) side of Thornleigh Station, this walk follows the 'Jungo Rest Area' sign along the footpath towards the car park and The Esplanade.
0.99	Morgan Rd -33.7283,151.0711 (GR Hornsby, 213663)	4 -6	230 m 4 mins	Turn right: From the end of Morgan Street, the walk follows the GNW arrow and the 'Elouera Bushland Natural Park' sign between houses no.
1.22	Int of Bike Trail and Morgan Rd tracks -33.7281,151.0697 (GR Hornsby, 212663)	0 -7	140 m 2 mins	Turn right: From the intersection, this walk follows the 'The Jungo' sign downhill along the wide concreted trail, and soon crosses over the culverted creek (with green side rails).
1.36	Zig Zag Creek Bridge intersection -33.727,151.0689 (GR Hornsby, 211664)	16 -38	1.4 km 25 mins	Turn left: From the intersection, this walk follows the 'Great North Walk' sign along the narrower track, keeping the gully to your right.
2.78	Jungo campsite - NIGHT 1 CAMPSITE -33.7195,151.0578 (GR Hornsby, 200673)	1 0	100 m 2 mins	Veer right: From the campsite, this walk follows the 'Fishponds' sign down across the concrete ford, over the usually small creek.
2.89	Int of GNW and Stringybark Ridge trail -33.7186,151.0576 (GR Hornsby, 200673)	81 -58	1 km 27 mins	Turn right: From the intersection, this walk follows the 'Great North Walk' sign down the narrower track.
3.93	Elouera Lookout -33.7136,151.0637 (GR Hornsby, 206679)	152 -130	2.2 km 54 mins	Continue straight: From Elouera Lookout, this walk follows the 'Great North Walk' sign along the track, keeping the fence and valley to your left.
6.09	Int of the Great North Walk and the Quarter Sessions Road track -33.7011,151.0744 (GR Hornsby, 215693)	43 -73	690 m 18 mins	Veer left: From the intersection, this walk heads north along the main rocky track, keeping the valley down to your left.
6.78	Int of the Great North Walk and the Blue Gum Walk (SW) -33.6979,151.0795 (GR Hornsby, 220697)	21 -87	990 m 21 mins	Veer left: From the intersection, this walk follows the 'Fishponds' sign past the 'Berowra Valley Regional Park' sign, gently uphill along the narrow ridge.
7.77	Fishponds Lookout -33.6926,151.0841 (GR Hornsby, 224703)	3 -4	70 m 2 mins	Optional sidetrip to Fishponds crossing. Continue straight: From the lookout, this walk follows the 'Galston Gorge' sign along the fenced rock shelf (keeping the fence to your left).
7.77	Fishponds Lookout -33.6926,151.0841 (GR Hornsby, 224703)	131 0	500 m 19 mins	Turn right: From the lookout, this walk follows the 'Rosemead Rd Trackhead' sign directly away from the view over Berowra Creek.
8.26	Corner of Dilkeria and Manor Rd -33.6954,151.0864 (GR Hornsby, 226700)	36 -49	1.7 km 31 mins	Continue straight: From the intersection, this walk follows Manor Rd as it initially heads up a gentle hill.
9.92	End of Clarinda St -33.6881,151.0917 (GR Hornsby, 231708)	51 -66	1.1 km 24 mins	Turn right: From the end of Clarinda St Hornsby, this walk heads around the green gate with the 'Berowra Valley Regional Park' sign on it, keeping the 'Clarinda wetlands' to the left.
11.00	Int of Clarinda St and waterfall track -33.6816,151.09 (GR Hornsby, 229715)	9 -98	470 m 13 mins	Turn left : From the intersection, this walk heads down the hill along the narrow track, following the 'Great North Walk' sign.
11.47	Int of Stewart Ave service trail and waterfall track -33.6801,151.0861 (GR Hornsby, 226717)	5 -29	400 m 8 mins	Turn right: From the intersection, this walk follows the 'Galston Gorge 4km' arrow down the hill along the wide management trail.
11.87	Steele Bridge - NIGHT 2 CAMPSITE -33.6797,151.0854 (GR Hornsby, 225717)	160 -33	1.8 km 44 mins	Veer right: From the intersection, this walk crosses the 'Historic Military Steele Bridge' and turns right to follow the 'Crosslands' sign uphill along the wide management trail.
13.64	Tunks Ridge Rest Area -33.6785,151.0809 (GR Hornsby, 221718)	38 -68	1.4 km 28 mins	Turn right: From the top of the rest area, this walk follows the 'Galston Gorge' AND 'Crosslands Reserve' signs along the wide management trail, keeping the valley to your right.
15.00	Int of Great North Walk and Galston Gorge track -33.6677,151.0809 (GR Hornsby, 221730)	14 -119	550 m 16 mins	Turn left: From the intersection, the walk follows the 'Galston Gorge' sign down the steep rocky track as it zigzags down towards the valley.

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15.54	Galston Gorge track head -33.6646,151.0803 (GR Hornsby, 220734)	161 -109	1.3 km 41 mins	Turn left: From the Galston Gorge trackhead, this walk follows the 'Crosslands' sign up the timber steps, away from the road.
16.81	Unnamed Falls -33.659,151.0888 (GR Hornsby, 228740)	217 -297	3.4 km 1 hr 28 mins	Continue straight: From the waterfall, this walk follows the GNW markers out of the gully, initially keeping the waterfall up to your right.
20.24	Berowra Creek campsite track -33.6387,151.1034 (GR Hornsby, 241763)	85 -84	1.4 km 33 mins	Continue straight: From the intersection near the campsite, this walk follows the clear track alongside Berowra Creek, whilst keeping the creek to your left.
21.60	Crosslands southern toilet block -33.6311,151.109 (GR Hornsby, 246771)	2 -5	340 m 5 mins	Veer left: From the toilet block, this walk follows the dirt footpath nearest the creek, towards the main area of Crosslands reserve, whilst keeping the creek to your left.
Crosslands Reserve is NIGHT 3 CAMPSITE. Go to the National Parks section of the reserve.				
21.94	Crosslands Carpark -33.6287,151.109 (GR Hornsby, 246774)	1 0	250 m 4 mins	Continue straight: From the car park, this walk follows the flat dirt path between the road (on the right) and creek (on the left).
22.18	Northern end of Crosslands Carpark -33.6271,151.1105 (GR Hornsby, 247776)	1 -2	260 m 4 mins	Continue straight: From the northern end of Crosslands car park (at the far northern end of Somerville Rd, Hornsby Heights), this walk follows the 'Newcastle' arrow on the large 'Great North Walk' sign around the lo...
22.45	Crosslands North -33.6262,151.1129 (GR Hornsby, 250777)	7 -5	220 m 4 mins	Turn right: From the intersection at the northern picnic area, this walk follows the 'Great North Walk' sign along the timber boardwalk.
22.66	Estuaries viewing platform -33.628,151.1137 (GR Hornsby, 250775)	54 -57	780 m 20 mins	Continue straight: From the intersection at the estuaries viewing platform, this walk follows the timber ramp down to the dirt track and heads past the '..unsuitable for wheelchair access' sign.
23.44	Calna Creek Bridge intersection -33.6277,151.1202 (GR Hornsby, 256775)	67 -58	1.1 km 27 mins	Veer left: From the intersection, this walk follows the 'Berowra Waters' sign along the timber boardwalk.
24.59	Sams Creek ridge clearing -33.6199,151.1257 (GR Cowan, 261784)	20 -23	500 m 11 mins	Continue straight: From the clearing, this walk leads down the north eastern side of this ridge, keeping the main valley to your left.
25.09	Sams Creek Crossing -33.6219,151.1295 (GR Cowan, 265782)	181 -44	670 m 30 mins	Turn left: From the south side of the creek, this walk follows the 'Berowra Waters' sign across the rocky Sams Creek.
25.76	Int of Great North Walk and Berowra Link tracks -33.6192,151.1302 (GR Cowan, 265785)	19 -22	260 m 7 mins	Turn left: From the intersection, this walk follows the 'Berowra Waters' sign gently down along the management trail, keeping the valley to your left.
26.02	Int of Naa Badu Lookout -33.6178,151.128 (GR Cowan, 263787)	16 -26	540 m 11 mins	Continue straight: From the 'Naa Badu' lookout, this walk follows the management trail over the small rise and across the concrete ditch, keeping the valley to your left.
26.57	Int of Great North Walk and Berkeley Close service trail -33.615,151.1294 (GR Cowan, 265790)	140 -262	2.2 km 1 Hr	Turn left: From the intersection, the walk follows the 'Berowra Waters' sign down the timber steps.
28.77	Berowra Waters track head -33.6006,151.1256 (GR Cowan, 261806)	10 -15	390 m 8 mins	Continue straight: From 'Berowra Waters Trackhead', this walk follows the 'Newcastle' sign along 'Kirkpatrick Way' and across the culverted Franks Gully creek.
29.16	End of Kirkpatrick Way -33.5973,151.1254 (GR Cowan, 261809)	131 -87	1.2 km 35 mins	Continue straight: From the end of Kirkpatrick Way, this walk follows the GNW arrow post along the track, keeping the water just to your left.
30.36	Deep Bay Creek crossing -33.5929,151.1282 (GR Cowan, 263814)	187 -25	840 m 32 mins	Continue straight: From beside the creek, this walk follows the GNW arrow post east, away from the creek, up the steep rocky hill.
31.20	Int of GNW and Coreen Close service trail -33.592,151.1347 (GR Cowan, 269815)	2 -4	220 m 4 mins	Veer right: From the intersection, this walk follows the GNW arrow along the sandy management trail, heading south.

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31.42	Int of ridge top campsite and Great North Walk -33.5939,151.1354 (GR Cowan, 270813)	24 -196	1.7 km 37 mins	RIDGETOPISNIGHT4CAMPSITE. Veer left: From the intersection, this walk follows the 'Cowan Station' sign, directly away from the campsite along the clear track.
33.07	Joe Crafts Creek crossing -33.5972,151.1494 (GR Cowan, 283810)	183 -19	1.5 km 42 mins	Continue straight: From the western bank, this walk crosses Joe Crafts Creek and heads east up the clear track.
34.61	Int of GNW and Glendale Road -33.5982,151.1628 (GR Cowan, 295809)	33 -59	830 m 19 mins	Continue straight: From the intersection, this walk follows the 'Cowan' sign away from the dirt road and down along the rocky and sandy track.
35.44	Int of GNW and Pacific Highway service trail -33.5972,151.1701 (GR Cowan, 302810)	27 -13	500 m 11 mins	Veer left: From the intersection, this walk follows the GNW arrow post gently downhill, keeping the valley views to your left.