



Duke of Edinburgh Kit List

Clothing

- ☐ 1 long-sleeved collared shirt. Recommend quick-dry material.
- ☐ 1 loose fitting long pants suitable for bush walking
- ☐ 1 thermal long-sleeved top (100% polypro or wool)
- ☐ 1 thermal leggings (100% polypro or wool)
- ☐ 1 pullover jumper (fleece or wool)
- ☐ 1 beanie (fleece or wool)
- ☐ 1 pair of gloves (fleece, polypro or wool)
- ☐ 1 waterproof raincoat (seam-sealed)
- ☐ 1 waterproof over-trousers (seam-sealed)
- ☐ 1 broad-brimmed hat
- ☐ 1 pair hiking boots. Recommend with good ankle support.
- ☐ 1 pair soft shoes. For when at camp. Must be fully enclosed.
- ☐ Underwear and woollen hiking socks, as required.

Equipment

- | | |
|---|--|
| <input type="checkbox"/> Expedition backpack. 65L minimum. | <input type="checkbox"/> Navigation compass and waterproofed map set |
| <input type="checkbox"/> 1 full sized pack liner OR Set of waterproof sacks: x1 30L, x2 20L & x1 10L. | <input type="checkbox"/> Small hand trowel. For digging toilet hole. |
| <input type="checkbox"/> Tent. Single-person tent recommended for COVID safety. | <input type="checkbox"/> Watch |
| <input type="checkbox"/> Sleeping bag. Compressible, 3-season, synthetic fill. | <input type="checkbox"/> Sunglasses and sunscreen |
| <input type="checkbox"/> Sleeping mat | <input type="checkbox"/> Hand sanitiser. Approximately 50mL every 2 days. |
| <input type="checkbox"/> Stove with compatible fuel and cooking pots. | <input type="checkbox"/> 1-2 large zip-lock bags (for your rubbish) |
| <input type="checkbox"/> Matches or lighter | <input type="checkbox"/> Mobile phone with portable battery charger |
| <input type="checkbox"/> Bowl, mug, fork, spoon, and pocket knife | <input type="checkbox"/> Personal medication, sanitary items and first aid such as wound covers, strapping tape, insect repellent and itch relief. |
| <input type="checkbox"/> 1 small scourer. Please don't bring dishwashing detergent. | <input type="checkbox"/> Blank track notes, notebook, regular pen and very fine pointed permanent marker. Weather protected. |
| <input type="checkbox"/> 4L water carrying capacity. (3L for drinking, 1L for dinner) | |
| <input type="checkbox"/> Water purification. Tablets recommended. | |
| <input type="checkbox"/> Headtorch with fresh batteries | |

Recommended Items

This list is a recommendation of the minimum clothing and equipment you should provide for your Adventurous Journey. It is designed on a per-person basis with no equipment sharing. If you are coming on a journey with someone you already know, it is okay to share items such as a tent.

Outward Bound Australia will provide

- Comprehensive first aid equipment
- Communication and emergency broadcasting device/s relevant to the area of your journey