

Leaps and Bounds

2-day Team Development Program

Program Outline

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OUTWARD BOUND

Inspiring Australians

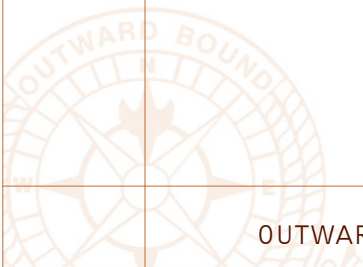
Introduction

Here is an outline of the Outward Bound Leaps & Bounds™ Program, a fun and interactive team development program for teams wanting to go the next level.

Outward Bound prides itself on its ability to customise its packages to meet client needs. A pre-program consultation will ensure that this program will meet the needs of your organisation.

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Team Needs and Objectives

It is important to consider where your team is at and what your team is looking for in a development program. There are many program options available today. The Leaps & Bounds™ Program is ideal for teams looking to:

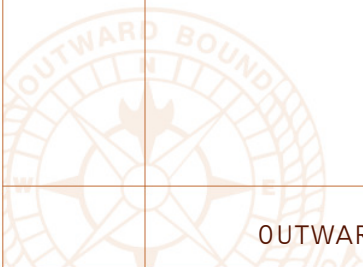
- Have a positive and fun shared experience
- Learn about effective communication
- Break down barriers within the team
- Being pushed outside of their comfort zones.
- Understand the fundamentals of leadership and followship within a team
- Learn about giving and receiving feedback

Program Aims & Outcomes

The program takes team development as the primary aim. As most of the activities also require leadership and communication, these will also be strong aspects of the program. The participants will walk away with:

- Enhanced self-awareness
- Stronger relationships and team cohesiveness
- Memories of a fun, positive and challenging experience
- Understanding of the importance of teamwork, leadership and communication for individual and collective success

The program will include a mix of creative, social, intellectual and physical challenges and activities.



The Program

Day One – Building the Team

Ice Breakers – breaking down barriers within the team

Group Values – exploring groups values

Low “Indiana Jones” Bridge – just like the movie, participants coach each other across a bridge with extra challenges.

The Cube – an experiential learning problem solving initiative using a giant cube.

Leadership Wheel – understanding self and understanding other

Giant Ladder – participants coach and support each other to make it to the top of a giant ladder. Requires a leap outside one’s comfort zone and trust in each other.

Video Clips – After entering a ‘dodgy disco’, participants are required to develop a video clip for a rock star.

Day Two – Taking the Leap

High “Indiana Jones” Bridge – participants take the skills and experiences of day one to the next level – a real challenge.

Tyrolean – using limited resources and communication challenges, the team are required to build a

Chicken Run – Team forms a company to develop an aeroplane to escape the chicken coup.

Orienteering and Final Challenge

Mirrors – developing self-awareness

Feedback- introduction to techniques and the importance of feedback within a team.

Celebration Dinner and Debrief



The Outward Bound Approach

Outward Bound is a powerful professional development experience that provides people with the necessary skills, experiences, behaviours and attitudes to perform effectively in life and work. Outward Bound Professional programs focus on building high-performance teams and the development of leadership capacity.

Here are three reasons why Outward Bound stands at the forefront of Leadership and Team Development in Australia, and what separates us from other providers.

Specialists in People Development

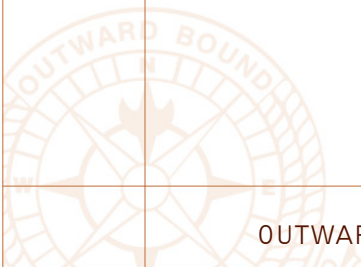
Outward Bound specialises in the development of people skills. Where other providers focus on technical skills, Outward Bound focuses on the dimensions of emotional and social intelligence, and people management. Key areas of development include self-awareness, self-management, team awareness, team development skills, coaching, giving and receiving feedback and managing conflict.

Experiential Learning

At the core of each Outward Bound program is an experiential philosophy. Participants are not treated as empty buckets waiting to be filled with new knowledge and skills. Outward Bound provides real and meaningful situations where participants can apply existing knowledge, draw upon past experiences, and deepen their understanding of their strengths and weaknesses. Participants are called to step into leadership roles, and receive immediate positive and constructive feedback on their approach. There are no passengers, only crew. In the team setting, everyone has a critical role to play. Participants are able to leave Outward Bound with an Action Plan for their ongoing development. Programs are facilitated so the learning is transferable to the roles they fulfil in the organisations they serve.

Exceptional Facilitators

Outward Bound staff are specialists in people development. They are inspired individuals with a passion for developing people. They come from diverse backgrounds with a broad range of experience. Clients consistently report on our facilitators being a key differentiator from our competitors.



A Credible Partner

Outward Bound has been working with companies from the following industries for over 50 years: Manufacturing, Mining, Integrated Logistics, Government, Military, Building, Energy, Consulting, Communications, Agriculture, Pharmaceuticals and Education.

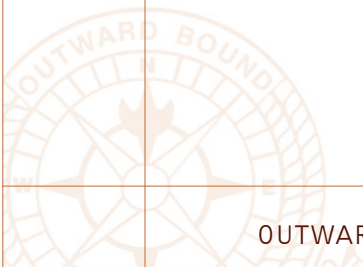
Outward Bound is very much a partner to our client organisations. We seek to provide long-term contributions to organisational success through fully understanding the needs of our partners and delivering high-quality solutions. We are not interested in transactional relationships. This is why our partners always come back after the initial program.

Testimonials

Outward Bound is proud to provide client contacts to verify the quality and effectiveness of our programs.

The Outward Bound Experience provides a way for our emerging leaders to learn about their leadership, team and self-motivation skills. This grew their confidence to action long-term changes in the workplace. Participants from several programs have commonly said it is the most challenging, confronting and 'best development' they have done in their career."

Mary Dahdah, Learning and Organisational Development Manager, Boral Ltd



The Investment

TOTAL PROGRAM INVESTMENT= \$12,850 + GST.

Program Investment includes:

- Pre-program consultation and briefing
- Custom program design (Tailored to meet specific team needs)
- Program delivery by a team of 3 Senior Corporate Facilitators
- All equipment (other than personal clothing)
- All activities, facilities and materials
- Accommodation and transport for Outward Bound staff

Program Fee does not include:

- Participant travel

Quote based on group size of up to 12 people.

Next Steps

Outward Bound stands at the forefront of team and leadership development in Australia. This program is a powerful means by which teams can be taken to the next stage in their development and success.

Upon review of this proposal, please contact Ben Callaghan to secure dates. From there Outward Bound will initiate the next stage of planning and consultation.

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